Birth Wishes for Jane Doe

Thank you for partnering with us in our child’s birth. We look forward to having a beautiful birth experience at your hospital. We desire the following for our birth, understanding that we must be flexible, but ask that you would be respectful of our wishes.

Birth Desired Medications/Procedures

 

Labor wishes



Limited cervical checks

Pushing and Delivery Immediate Postpartum

 

Cord blood/Placenta Newborn care and procedures

 

Cesarean Plan

* If a C-Section is not an emergency, please give us time alone to think about it
* My partner present in the OR
* My doula present in the OR
* Keep us the focus in the OR…avoid small talk with others
* Hold baby skin to skin and nurse in the OR